

### NVVI travel grant short report

From 5-8 October, I visited the 17<sup>th</sup> International Congress of Neuroimmunology in Tokyo, Japan, which was a great opportunity and experience. This event brought together all the big names in the neuroimmunology field, including many of the researchers that I often cite in my own work. We even got a lecture from professor Shimon Sakaguchi, who was awarded the Nobel Prize for his work on regulatory T cells later that same afternoon. Hearing about the newest research by the leaders in the field was an inspiring experience. I also had the chance to present a poster on my latest work, which led to several stimulating discussions and feedback that provided me with ideas for my ongoing projects, and after this valuable meeting, I feel energized and excited to explore these new ideas!

